

The

# I CAN Children's

Course

## Uses

- ◆ *Art therapy*
- ◆ *Music and movement*
- ◆ *Stories*
- ◆ *Snack time - social skills*
- ◆ *Strengths based counselling*

The  
**I CAN Children's Course**

The

# I CAN

## Children's program

will be offered throughout Queensland in

◆ **2006**

◆ **2007**

◆ **2008**

⇒ Training

⇒ Supervision

and

⇒ Service delivery in key centres

XSTRATA COMMUNITY PARTNERSHIP PROGRAM  
QUEENSLAND SPONSORS THIS PROGRAM

THIS PROGRAM IS SUPPORTED BY:  
THE AUSTRALIAN GOVERNMENT DEPARTMENT OF  
FAMILY AND COMMUNITY SERVICES AND  
INDIGENOUS AFFAIRS



The

# I CAN Children

a therapeutic group for children  
6-8 year old

*I CAN make friends*

*I CAN be confident*

*I CAN enjoy school*



The  
**I CAN**  
Children's Program

This group program provides a therapeutic intervention for those children who are uncomfortable in the school environment.

The children will be identified by teachers and/or parents as:

- ⇒ *Anxious*
- ⇒ *Reluctant to join in*
- ⇒ *Having limited friendships*

The program is held at the host school.  
School staff identify children who may benefit from the program

The children are:

- ⇒ *From 6 to 8 years of age*
- ⇒ *6 children attend each course*
- ⇒ *3 counselors work as a team in the course*
- ⇒ *Parents attend a pre-course consultation with the facilitators*
- ⇒ *Parents are invited to a follow up session*

**We talk to school staff about our strategies**

# **COURSE CONTENT**

The course offers:

- ⇒ *Friendship skills*
- ⇒ *Skills for resilience*
- ⇒ *Developing a positive self image*
- ⇒ *Showing your new confidence*

**I CAN  
I WILL**

**Every child is special**