



Payment Details

We wish to pay \$_____ by:

Cheque/Money Order (Make Payable to Centacare)

Mastercard Visa

Card Number:

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Cardholder's Name (as it appears on the card):

Expiry Date:

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Signature:

Cost: \$190 per couple*

(Concessions available eg Health Care Card.

Please contact your closest centre for more information.)

* Note: Fee is subject to change

Forward Payment and Registration Form to:

Centacare CFCS - Gold Coast
50 Fairway Drive
Clear Island Waters Qld 4226

Centacare CFCS - Sunshine Coast
PO Box 5350
Maroochydore Qld 4558

Centacare Catholic Family and Community Services is a Marriage and Relationship Education Agency funded by the Australian Government. Other support is provided by the Catholic Archdiocese of Brisbane and through fees and donations. All facilitators are trained in Marriage and Relationship Education.

Vision Statement

leading social change
strengthening families
supporting people and communities
in the spirit of the Gospel

what couples say

"Very real and relevant, learnt skills that are easily practiced in the future."

"I enjoyed the informal, honest and non-judgmental style of the facilitators. They didn't preach to us."

"I was concerned it would be very religious based but it wasn't. It was about us as a couple."

"I was apprehensive at first, but enjoyed it very much and learnt a lot."

"We have been together quite a few years - but we found things we needed to explore further."

Centacare Catholic Family & Community Services Branches

BRISBANE

58 Morgan Street (PO Box 289)
Fortitude Valley 4006
Ph: 07 3252 4371 Fax: 07 3854 1246
cfcs@centacarebrisbane.net.au

GOLD COAST

50 Fairway Drive
Clear Island Waters 4226
Ph: 07 5527 7211 Fax: 07 5527 7454
cgc@centacarebrisbane.net.au

SUNSHINE COAST

Bernard House - 21 Cornmeal Parade
(PO Box 5350) Maroochydore 4558
Ph: 07 5430 9300 Fax: 07 5430 9399
csc@centacarebrisbane.net.au

FRASER COAST

(Hervey Bay and Maryborough)
Ph: 07 4194 0172 Fax: 07 4194 0175
c-carefc@bigpond.net.au



pre marriage education

Plan for your marriage
not just your wedding

Group Courses

2010

Gold Coast
Sunshine Coast

Centacare Catholic Family and Community Services

Catholic Archdiocese of Brisbane

Member of Catholic Social Services Australia

Strengthening Families, Supporting People and Communities



About the Program

The group course aims to present couples with the opportunity to explore the dynamics of their relationship and to grow in knowledge of themselves and their partners.

Through written exercises and discussions as a couple, and in small and large groups, a variety of topics relevant to marriage are examined. Couples will also be given opportunities to practice skills that benefit their relationship.

The program includes some group activities and general discussions - however, no sharing of personal information with the group is required.

We advise attending a course six months before your marriage. Please book early as some courses are filled well in advance.

Course Content includes:

- Expectations of Marriage
- Family of Origin Influences
- Individual Strengths and Challenges
- Relationship "Stages"
- Communication Skills
- Conflict Management Strategies
- Intimacy
- Sexual Intimacy
- Sacrament and Commitment

Cost: \$190 per couple.

This includes:

- course materials;
- tea/coffee;
- a light supper on Friday night; and
- a sandwich lunch and afternoon tea on Saturday.

Please contact our office if you have:

- Special dietary requirements, we will accommodate if possible.
- Special needs (eg injury, disability, pregnancy, hearing, vision, language etc.)



Venues and Dates

Venue	Code	Dates
Gold Coast	B1	5-6 February
	B2	7-8 May
	B3	6-7 August
	B4	5-6 November
Sunshine Coast	C1	12-13 February
	C2	14-15 May
	C3	13-14 August
	C4	12-13 November

Time: Friday Evening: 6:30 pm - 8:45 pm
Saturday: 9 am - 4 pm.

Gold Coast Venue

Centacare CFCS Conference Centre
50 Fairway Drive
Clear Island Waters Qld 4226
Enquiries: 07 5527 7211

Sunshine Coast Venue

Bernard House
21 Cornmeal Parade
Maroochydore Qld 4558
Enquiries: 07 5430 9300



FOCCUS

In addition to the Group Courses, we offer the FOCCUS program. FOCCUS (Facilitating Open Couple Communication, Understanding and Study) enables couples to learn more about themselves and their unique relationship and to identify and work through areas of growth before marriage. This is not a group program and the couple works alone with a Relationship Educator.

The FOCCUS program is offered by appointment only. Contact your closest Centacare Catholic Family and Community Services centre for more information.



Confidential

Please use this form to book for Group Courses
NO BOOKINGS ARE TAKEN BY PHONE OR EMAIL

Female Name: _____
(NB: This name will appear on your certificate.)

Address: _____

Suburb: _____ Post Code: _____

Phone(b/h): _____ Phone(a/h): _____

Email: _____

Occupation: _____

Country of Birth: _____

Religious Preference: _____ Age: _____

Is this your first marriage? _____

Male Name: _____
(NB: This name will appear on your certificate.)

Address: _____

Suburb: _____ Post Code: _____

Phone(b/h): _____ Phone(a/h): _____

Email: _____

Occupation: _____

Country of Birth: _____

Religious Preference: _____ Age: _____

Is this your first marriage? _____

Referred by: Self Family Friend Minister
(please circle) Civil Celebrant Advertising

Date of Marriage: _____

Celebrant's Name: _____

Celebrant's Address (in full): _____

Suburb: _____ Post Code: _____

Group Course Preferred: Code: _____ Dates: _____
If this course is unavailable,
our 2nd choice would be: Code: _____ Dates: _____

