

PAYMENT DETAILS

We wish to pay \$ _____ by:

Cheque Money Order

Bankcard Mastercard Visa

Card No: _____

Cardholder's Name: _____

Expiry Date: _____

Signature: _____

Please make all cheques payable to Centacare.
Forward payment and registration form to the Centacare Office you wish to attend.
(See addresses on back panel)

COST

\$150.00 per couple

This includes three one hour private sessions with a facilitator and all materials.

GROUP REFOCCUS

Refoccus can also be facilitated in small groups; during evening sessions or on the weekend. (This is still a private process). Please contact Centacare if you are interested in organising a Refoccus group program for your Community or Parish, and to discuss suitable times and costs.

WHAT COUPLES SAY

- The structure of the course worked well... We're discussing more things. (F)
- It was great to be able to discuss personal issues with my partner. (M)
- I was worried it would be preachy, and about finding fault. It wasn't. It was about the two of us. (M)

Centacare Catholic Family and Community Services Branches

Brisbane

58 Morgan Street, PO Box 289
Fortitude Valley Qld 4006
Tel: 07 3252 4371 Facsimile: 07 3854 1246
Email: cfcs@centacarebrisbane.net.au

Gold Coast

50 Fairway Drive
Clear Island Waters Qld 4226
Tel: 07 5527 7211 Facsimile: 07 5527 7454
Email: cgc@centacarebrisbane.net.au

Sunshine Coast

21 Cornmeal Parade
PO Box 5350 Maroochydore BC Qld 4558
Tel: 07 5430 9300 Facsimile: 07 5430 9399
Email: csc@centacarebrisbane.net.au

Fraser Coast

Hervey Bay and Maryborough
Tel: 07 4194 0172 Facsimile: 07 5430 9399
Email: c-carefc@bigpond.net.au

www.centacarebrisbane.net.au

refoccus

relationship

enrichment

for

committed couples

REFOCCUS is...

- an educational program for couples in a committed relationship (18 months plus). The goal is to understand and enrich the relationship through reflection and communication
- based on a questionnaire which affirms the relationship, whilst identifying areas of growth and change
- a tool which enables you, the couple, with the help of a trained facilitator, to explore the experiences and issues that are important to YOU in YOUR marriage
- enjoyable, rewarding and stimulating
- confidential
- a celebration and affirmation of what you *are* as a couple, what you have *learned* and *built* as a couple

REFOCCUS is not...

- therapy or counselling
- for relationships with deeply problematic issues
- invasive or threatening
- religious
- about finding quick “fixes”
- to determine how “good” or “bad” the relationship is

SUGGESTED AREAS FOR DISCUSSION

- The process of marriage
- Intimacy
- Commitment
- Communication
- Compatibility

VENUES AND TIMES

- In Brisbane, sessions are held at Fortitude Valley, during office hours
- Some strictly limited after hours sessions are available
- No sessions available on weekends
- Advance bookings required
- Sessions are also available on the Gold Coast, the Sunshine Coast and Fraser Coast

EDUCATORS

Centacare Catholic Family & Community Services is a Marriage and Relationship Education Agency funded by the Australian Government. Other support is provided by the Catholic Archdiocese of Brisbane and through fees and donations. All our facilitators are trained in Marriage and Relationship Education.

CONFIDENTIAL

Please use this form to book for Refoccus

NO BOOKINGS TAKEN BY PHONE OR EMAIL

Surname: _____

First Names: Female: _____

Male: _____

Address: _____

Suburb: _____ P/C: _____

Phone: (BH): _____

(AH): _____

Date of marriage: _____

Age: (F): _____

(M): _____

Occupation: (F): _____

(M): _____

Religion: (F): _____

(M): _____

Country of Birth: (F): _____

(M): _____

Do you have children?: _____

Ages of children: _____

How did you find out about this program?

Pre-marriage Course Family Friends

Advertising Minister Other

Please circle the phone number you would prefer us to use during office hours.